

BREAKFAST

Cold Buffet

Fresh Fruit **C V H**

- Orange segments
- Pink & white grapefruit segments
- Diced melon
- Diced pineapple
- Fruit salad

Dried Fruit **C V H**

- Dried sliced bananas
- Dried apricots
- Dried prunes, deseeded

Natural Greek Yoghurt with Dips **C V H**

- Baked apple & cinnamon
- Strawberry compote
- Wild berry relish

Selection of Juices **H**

- Orange
- Grapefruit
- Cranberry
- Apple
- Multivitamin
- Tomato (request from kitchen)

Dried Buffet

Farmhouse Brown Bread **H**

White & Brown Granary Bread for Toast

Selection of Cereals

Selection of Pastries and Breads

Hot Buffet **C**

Full Irish Breakfast

- Sausages
- Rashers (rindless)
- Grilled tomatoes
- Buttered mushrooms
- Sauté potatoes
- Scrambled eggs
- Pudding - black & white
- Fried/Poached eggs (request from kitchen)

From the Kitchen

Smoked Salmon, Meat and Cheese Platter **C**

Smoked salmon, bacon & chicken terrine, Parma ham, Brie, blue cheese & *water crackers served with onion & port marmalade.

Warm Smoked Mackerel **H**

Served with an oat meal & potato cake.

Omelettes **C V**

Served with a grilled tomato. Choose fillings from: ham, red cheddar, tomato, onion, pepper or potato.

Poached Eggs **V H**

Served on a toasted half bagel or farmhouse brown bread.

Fresh Fruit Platter **C V H**

Served with natural yoghurt.

Full Irish Breakfast **C**

Served with fried, scrambled or poached eggs.

Grilled Bacon and Tomato

Served on a toasted bagel or farmhouse brown bread.

- C** Denotes Coeliac options
- H** Denotes Healthy options
- V** Denotes Vegetarian options
- S** Denotes Chef's Signature Dish
- *** Denotes NOT suitable for Coeliac

All our beef is of Irish origin & fully traceable.

The above dishes may contain nuts, please ask your server for more details.

Selection of Coffees & Teas

Kenco Sustainable Development coffee is made with 100% Arabica beans, giving a rich, full aroma and a smooth distinctive taste. These coffee beans are carefully selected for their superior quality from farms certified by the Rainforest Alliance, recognised for its work in sustainable agriculture for over 17 years.



Americano

Decaffeinated Coffee

White Coffee

Cappuccino

Latte

Mocha

Hot Chocolate

Espresso

Double Espresso

Irish Breakfast Tea

Assam

Darjeeling

Earl Grey

Lemon & Ginger

Pure Chamomile

Pure Green Tea

Pure Peppermint

Park Plaza Breakfast €21 • Continental Breakfast €16

By James Ruane our Executive Head Chef